

## WIAA Fall 2021-22 Sports Guidelines

Sporting activities must follow the requirements listed below. In this document, universal masking means that face coverings are required for all participants, regardless of vaccination status. Physical Education (PE) classes are curricular classes and are not considered sporting activities. Students and staff must all wear masks indoors during PE classes. Masks are not required outdoors.

- **Travel trips must follow CDC's order for all riders and drivers to wear a mask on buses or other public transportation, regardless of vaccination status.** Seat cohorts together on the bus and separate the cohorts by at least 3 feet to the degree possible. Increase ventilation by opening windows as weather permits.
- Athletes, coaches, athletic trainers and other support personnel should maintain at least 6 feet to the degree possible when not playing (e.g., on the bench, in the dugout, on the sideline, in locker rooms and other similar situations)

### Mask Requirements for Sporting Activities

- **Universal masking is required by all athletes, coaches, athletic trainers and support personnel when in weight rooms, regardless of vaccination status.** Weight rooms are high-risk indoor settings. They are often poorly ventilated, crowded and used by athletes from sports of multiple contact levels, as well as PE students. Practice physical distancing to the degree possible.
- **Masks are not required for athletes while competing in low-contact or moderate contact sports indoors, regardless of vaccination status.** Masks are encouraged when practicing indoors. Universal masking is required indoors when not practicing or competing.
- **Masks are not required for fully vaccinated athletes competing in high-contact indoor sports. Masks are not required for unvaccinated athletes competing in high-contact indoor sports if they participate in screening testing.** Masks are encouraged when practicing indoors. **Universal masking is required indoors when not practicing or competing.**
- **Masks are not required for outdoor sports of any contact level but are recommended in settings where unvaccinated athletes, coaches, athletic trainers and/or support personnel are in close proximity, such as standing on the sidelines, in a huddle, or sitting in a dugout.**
- All coaches, athletic trainers, and other support personnel involved with sporting activities must wear face coverings indoors in K-12 settings, regardless of vaccination status.
- **Masking is required universally for all spectators attending indoor K-12 sporting activities, regardless of vaccination status.** Audience members should be seated in "family units" and those small groups should be spaced at least 3 feet apart.

## Screening Testing for Sporting Activities

- **Screening testing is required for all unvaccinated athletes in high contact indoor sports (basketball, wrestling, water polo).** Fully vaccinated athletes do not have to participate in screening testing. Screening testing must be performed twice weekly using a molecular or antigen test. A rapid antigen test should be performed on all unvaccinated athletes within 24 hours of the competition. In a multi-day event, testing should occur before each competition. The second test during the week should be performed 3-4 days prior to or after the competition and may be a molecular or antigen test. If a molecular test is performed, the athlete does not need to isolate while awaiting screening test results unless they are exhibiting symptoms.
- **Unvaccinated athletes participating in indoor low or moderate contact sports are recommended, but not required, to participate in screening testing once or twice weekly**
- Any athlete with a positive test must be excluded from the event and removed from the venue
- Unvaccinated athletes, coaches, athletic trainers and other support personnel identified as close contacts should quarantine immediately, even if they recently had a negative test.
- Fully vaccinated athletes, coaches, athletic trainers and other support personnel identified as close contacts should be tested 3-5 days following a known exposure to someone with suspected or confirmed COVID-19 and wear a mask for 14 days or until they receive a negative test result.

Each WIAA sport is classified into low, moderate and high risk categories as follows:

### **LOW-RISK SPORTING ACTIVITIES:**

- Cross Country
- Golf
- Sideline/no-contact cheerleading and dance
- Swimming and Diving
- Tennis
- Track and Field

### **MODERATE-RISK SPORTING ACTIVITIES:**

- Baseball
- Bowling
- Gymnastics
- Soccer
- Softball
- Volleyball

### **HIGH-RISK SPORTING ACTIVITIES:**

- Basketball
- Cheerleading with contact
- Dance with contact
- Football
- Wrestling